# Massages Beach Club

### Sunset experience Craniofacial massage (45 min)

Relax with the "Sunset Experience", a 45-minute craniofacial massage.

Soothes tension in the scalp, face and neck with gentle movements and aromatic oils that evoke the tranquillity of the sunset, providing a great feeling of well-being.

## **Forest essences**

#### Podal reflexology (45 min)

Dive into the forest's serenity with our foot reflexology massage.

In 45 minutes, balance your energy and revitalise your body through precise techniques on the reflex points of the feet, using essential oils from forest plants.

## Sea breeze

#### Relaxing massage (45 min)

Enjoy the freshness of the sea with our relaxing 'Sea Breeze' massage.

In 45 minutes, release tension and calm your mind with gentle, flowing techniques, along with essential oils inspired by the sea. 55€

55€

55€